Use of padding:

<html>  
    <head>  
        <style>  
            \*{  
                margin:0;  
                padding:0;  
                box-sizing: border-box;  
            }  
            .box-one{  
                width: 300px;  
                height:200px;  
                padding:20px;  
                background-color: indigo;  
            }  
            .box-two{  
                width: 300px;  
                height: 200px;  
                padding:20px;  
                background-color: orange;  
            }  
        </style>  
    </head>  
    <body>  
        <div class="box-one">        </div>  
        <div class="box-two">        </div>  
    </body>  
</html>